

Singapore Ice Skating Association

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Communication No: 042

Anti-Doping Workshop

Dear Skaters,

As is required of all National Sports Associations (NSAs), SISA has signed and adopted the Anti-Doping Singapore Collective Policy and The Anti-Doping Singapore Rules. Therefore, all affiliates, members, athletes, participants, staff and any other individual, paid or on a volunteer basis, who are under the jurisdiction of SISA are bound by and must abide by these Rules.

In particular all figure skating and short track speed skating National and Development Team members must be aware of the rules as they may be subject to in competition drug testing.

Anti-doping Singapore (ADS) has kindly agreed to give an awareness workshop to SISA members covering the following areas:

1. Introduction and the Rules
2. Prohibited List & Health Consequences
3. Therapeutic Use Exemption
4. Doping Control Procedures
5. Results Management
6. Questions and Answers

There will be videos and informal short quizzes in between and role playing for the doping control procedure.

This workshop is free and open to all SISA members as well as coaches and parents. However it is **compulsory** for members of the figure skating and short track speed skating national and development team members for the 2011-2012 season.

Date: Saturday 28th May 2011

Time: 9:30am – 11:30am (Registration starts at 9:00am)

Venue: To be confirmed

Please email administration@sisa.org.sg with your name, telephone number and email address to confirm your attendance.

A handwritten signature in purple ink, appearing to read "Alison Chan".

Alison Chan
Honorary Secretary
Singapore Ice Skating Association
16th May 2011