

**Communication No: 184**

**2023 Singapore National Championships & related events  
FIGURE SKATING**

Dear Figure Skating Members

We would like to invite you to **SAVE THE DATE** for the 2023 Singapore National Figure Skating Championships, Basic Skills and Adult Competition (for Locals and PR with ISU Clearance Certificate) as well as the Invitational (for individuals living in Singapore who are non-Locals and PR without ISU Clearance certificate).

Date: 11 & 12 March 2023

SISA reserves the right to adjust the competition dates if required and shall provide timely updates accordingly.

**Related Event**

In the lead up to the competition, SISA would also like to offer a **Technical Seminar** via Zoom. The content of the seminar would be for Skaters/Coaches to understand how to achieve your GOE for Jumps & Spins as well as your levels for Spins.

The seminar will be conducted by:

Mrs Lisa Jelinek, ISU Technical Controller and ISU Judge  
Ms Sharon Mellema, International Technical Specialist

The seminar will be priced at:

\$25 per skater/parent  
\$15 per coach

Compulsory and free for Squad Members.

Date and Time: To be confirmed

We would like to invite you to indicate your interest here -  
<https://forms.office.com/r/uawSTxKKyT>. Please submit your indication by 30/11/2022.

Thank you.

Zhang Wei  
Vice President (Figure)  
Singapore Ice Skating Association  
25 November 2022