

Communication No: 201

**NATIONAL COACH SHORT TRACK
MS NICOLE GARRIDO**

We are pleased to inform the ice-skating community that Ms Nicole Garrido has accepted the offer to take on the role of National Coach, Short Track Speed Skating with effect from 1 August 2025. Her appointment was made in consultation with Sport Singapore and CoachSG.

About Nicole Garrido

Coach Nicole has led athlete and programme development at local, provincial, and international levels. She has built and directed the speed skating program at the Richmond Olympic Oval (Canada), creating a high-performance culture that produced several nationally ranked athletes and led to the largest provincial representation at Canadian national championships in the programme's history.

Her coaching approach emphasizes technical excellence, team culture, and holistic athlete development, with a strong focus on learning, reflection, and long-term growth.

Internationally, Coach Nicole has supported Team New Zealand at the ISU World Junior Championships and ISU World Tour, contributing to performance planning, coach mentorship, race strategy, and athlete readiness. In 2024, she was selected as a Visiting Coach for the ISU, where she led national development camps with Australia Ice Racing.

Coach Nicole is also Competition Development Certified through Speed Skating Canada, where she holds a Graduate Certificate in High Performance Coaching and Technical Leadership from the University of British Columbia and completed her master's degree in High Performance Coaching and Technical Leadership in June 2025.

In 2019 and 2022, she was awarded Coaching Scholarships from the International Skating Union in recognition of her commitment to advancing coaching in high-performance sport.

Most recently, Coach Nicole was selected for WISH (Women in Sport High-Performance Pathway) — a Solidarity initiative led by the International Olympic Committee — as the first female coach nominated by the ISU, a testament to her leadership and dedication to inclusive excellence on national and international stages.

Coaching and Technical Qualifications

- Master's Degree in High Performance Coaching and Technical Leadership
- ISU Coach Development Scholarship
- WISH (Women in Sport High-Performance Pathway) Program
- Sport Performance Coaching Certificate NCCP, Canada
- Officials Level 2 Meet Coordinator Speed Skating, British Columbia
- Performance Analyst Level 1 International Society of Performance Analysis of Sport
- Competition Development Certification Speed Skating Canada

We will be organising a meet-up soon after Coach Nicole's arrival and will keep everyone informed in due course.

Lewis Teo
Vice President (Short Track)
Singapore Ice Skating Association
14 July 2025