



WAIVER AND RELEASE

In consideration of myself /my minor child being permitted by Singapore Ice Skating Association (SISA) &/or JCube &/or The Rink to be on ice. I, the Participant, agree to the following:

I ACKNOWLEDGE THE INHERENT RISKS ASSOCIATED WITH SHORT TRACK SPEED SKATING

I understand that the Short Track Speed Skating may be a hazardous athletic activity and involves elements of risk and that participation in it may result in serious injury or death. These risks and dangers may arise from foreseeable or unforeseeable causes during training, competition and venue set-up and tear down including and not limited to the setting up and storage of the speed mats and other training equipment.

I AGREE TO ASSUME ALL RISKS OF PERSONAL INJURY AND PARTICIPATE AT MY OWN RISK

As a condition for being allowed to be on ice to take part in the activity of Short Track Speed Skating in the **ONGOING SISA ice sessions in any capacity**, I agree to assume all risks, foreseen or unforeseen, that arise from my participation of this activity. On behalf of myself, each of my parents, my personal representatives, and my heirs (as the case may be), I hereby voluntarily agree to release, waive and discharge, indemnify and hold harmless SISA &/or JCube &/or The Rink, its officers, members, volunteers, agents, sponsors, and all medical personnel and first aid providers from any and all claims, actions or losses for all damages including but not limited to bodily injury and death.

Under no circumstances shall SISA &/or JCube &/or The Rink or any medical personnel or first aid providers, and each of them and each of their personal representatives and estates and effects be held responsible for damage, loss of any kind whatsoever howsoever caused arising from or attributable whether directly or indirectly to or otherwise in connection with **any event on ice**. It remains my sole responsibility to act and govern myself in such a manner as to be responsible for my own safety and health. I, the participant, or if I am a minor child, each of my parents/guardians, is deemed to have given written permission to SISA's Management (the "Management") for their personnel to collect, analyse and collate any personal information relating to me, as the Management may in their sole discretion deem fit, including, without any limitation, information for media and publicity, planning, data-processing, statistical or risk-analysis, research, fund-raising and/or any other purposes.

Name of Skater/Coach*

Signature of Skater/Coach*

NRIC/Passport No of Skater/Coach*

Date

If participant is under 21 years of age, parent or legal guardian must also sign indemnity form.

I, as the parent/guardian with legal responsibility for the above-named participant, consent and agree to the release as provided above, and I do also agree to indemnify all parties mentioned above from any and all liabilities or incident to my minor child's involvement or participation in this activity.

Name of Parent/Guardian*

Signature of Parent/Guardian*

NRIC/Passport No of Parent/Guardian*

Date

* delete accordingly